

TCS Amsterdam Marathon 2019

Running @ Amsterdam, [TCS Marathon 20-10-2019](#), by [Le Champion](#)



TATA
CONSULTANCY
SERVICES

EGIDIO CARRERA

Bib #11711 , IT , Man
Netto tijd

03:39:36

Bruto tijd

03:59:00

Gefinisht

42.195 KM

Snelheid

11.53 km/h

Tempo

05:12 min/km

Naam	Tussentijden km.	Tempo	Tijd
5k	5 km	05:34 min/km	00:27:50
10k	10 km	04:58 min/km	00:52:42
15k	15 km	04:59 min/km	01:17:35
20k	20 km	05:10 min/km	01:43:24
Half	21.1 km	05:06 min/km	01:48:59
25k	25 km	05:01 min/km	02:08:35
30k	30 km	05:03 min/km	02:33:50
35k	35 km	05:03 min/km	02:59:06
40k	40 km	05:12 min/km	03:25:07
Finish	42.195	06:36 min/km	03:39:36

Totale positie

5570

van de 13490

Mannen

4892

van de 10120

M50

459

van de 1129